

Title: Carvykti (ciltacabtagene autoleucel)	Division: Medical Management Department: Utilization Management
Approval Date: 1/31/2023	LOB: Medicaid, SNP, HARP, CHP, QHP, EP, Gold, Goldcare
Effective Date: 1/31/2023	Policy Number: UM-MP346
Review Date: 6/16/2026	Cross Reference Number:
Retired Date:	Page 1 of 11

1. POLICY DESCRIPTION:

Medical Oncology – CAR-T immunotherapy, Carvykti (ciltacabtagene autoleucel)

2. RESPONSIBLE PARTIES:

Medical Management Administration, Utilization Management, Integrated Care Management, Pharmacy, Claim Department, Providers Contracting.

3. DEFINITIONS:

Carvykti (ciltacabtagene autoleucel) is an autologous chimeric antigen receptor T-cell (CAR-T) immunotherapy that genetically reprograms a patient's own T cells to have a chimeric antigen receptor (CAR), which will be able to identify and eliminate cancer cells that express an antigen called B-cell maturation antigen (BCMA). Carvykti is currently indicated for the treatment of adult patients with multiple myeloma that is refractory or is in relapse after using four or more lines of therapy including a proteasome inhibitor, immunomodulatory agent and an anti-CD38 monoclonal antibody.

4. POLICY:

For Medicare and Ultracare Only: MetroPlusHealth determines medical necessity based on applicable Medicare National Coverage Determinations (NCD) and Local Coverage Determinations (LCD).

<https://www.cms.gov/medicare-coverage-database/search.aspx>

For all other LOBs:

Carvykti will be considered medically necessary once the following coverage criteria is met. Approvals may be subject to dosing limits in accordance with FDA-approved labeling, accepted compendia, and/or evidence-based practice guidelines.

INITIAL REQUEST:

1. Multiple myeloma (MM) that is refractory or in relapse:

A. Member is 18 years of age or older;

AND

B. Member has a diagnosis confirmed by submitted documentation including clinical chart notes of relapsed or refractory Multiple Myeloma;

AND

C. Member has a measurable disease defined as ONE of the following:

a. Serum monoclonal paraprotein (M-protein) $\geq$ 1 g/dL;

OR

b. Urine M-protein $\geq$ 200 mg/24 hours;

Title: Carvykti (ciltacabtagene autoleucel)	Division: Medical Management Department: Utilization Management
Approval Date: 1/31/2023	LOB: Medicaid, SNP, HARP, CHP, QHP, EP, Gold, Goldcare
Effective Date: 1/31/2023	Policy Number: UM-MP346
Review Date: 6/16/2026	Cross Reference Number:
Retired Date:	Page 2 of 11

OR

- c. Serum immunoglobulin free light chain ≥ 10 mg/dL and abnormal serum free light chain ratio;

AND

- D. Member has received treatment with at least ONE prior line of therapy, including at least one drug from ALL of the following categories:

- a. Proteasome inhibitor [e.g., Velcade (bortezomib), Kyprolis (carfilzomib)];

AND

- b. Immunomodulatory agent [e.g., Revlimid (lenalidomide), Pomalyst (pomalidomide), Thalomid (thalidomide)];

AND

- E. Member is refractory to Revlimid (lenalidomide);

AND

- F. Member has an Eastern Cooperative Oncology Group (ECOG) performance status of 0 to 1;

AND

- G. Member meets ALL of the following lab criteria (*Note: If member does not meet any of the following then attestation needs to be provided which states that member is being followed by a qualified physician per condition to monitor member if Carvykti is still to be given per physician's discretion*):

- a. Absolute Neutrophil Count (ANC) ≥ 750 cells/mm³;

AND

- b. Platelet count $\geq 50,000$ /mm³;

AND

- c. AST/ALT does not exceed ≥ 3 times upper limit of normal;

AND

- d. Member has a creatinine clearance ≥ 30 mL/min;

AND

- H. Member does not have ANY of the following cardiac criteria (*Note: If member has any of the following then attestation needs to be provided which states that member is being followed by a cardiologist or any other qualified physician per condition to monitor member if Carvykti is still to be given per physician's discretion*):

- a. New York Heart Association (NYHA) stage III or IV heart failure;

OR

- b. Myocardial infarction or coronary artery bypass graft (CABG) in the last 6 months prior to Carvykti;

OR

- c. Left ventricular ejection fraction (LVEF) $< 45\%$;

OR

Title: Carvykti (ciltacabtagene autoleucel)	Division: Medical Management Department: Utilization Management
Approval Date: 1/31/2023	LOB: Medicaid, SNP, HARP, CHP, QHP, EP, Gold, Goldcare
Effective Date: 1/31/2023	Policy Number: UM-MP346
Review Date: 6/16/2026	Cross Reference Number:
Retired Date:	Page 3 of 11

d. Significant ventricular arrhythmia or unexplained syncope (i.e., not believed to be vasovagal in nature or due to dehydration);

OR

e. History of severe non-ischemic cardiomyopathy;

AND

I. Member does not have ANY of the following (*Note: If member has any of the following then attestation needs to be provided which states that member is being followed by a neurologist, infection disease specialist or any other qualified physician per condition to monitor member if Carvykti is still to be given per physician's discretion*):

a. History or active central nervous system (CNS) involvement including signs of meningeal involvement of multiple myeloma;

OR

b. Active uncontrolled infection including human immunodeficiency virus (HIV), Hepatitis B or C and Cytomegalovirus (CMV);

OR

c. Active or history of plasma cell leukemia;

AND

J. Member will not receive live vaccines 6 weeks prior to lymphodepleting chemotherapy and during administration of Carvykti and until immune recovery after treatment;

AND

K. Member has not used a previous therapy that targets B-cell maturation antigen (BCMA) including CAR-T therapy like Carvykti;

AND

L. Carvykti will be prescribed through the consultation of a hematologist or oncologist;

AND

M. Member is not currently enrolled in Multiple Myeloma clinical trial or is ineligible for clinical trial enrollment;

AND

N. Carvykti will be given accordingly based on the FDA approved dosing;

AND

O. Authorization is for no more than one dose.

Initial Duration of Approval: *One single dose per lifetime*

RENEWAL REQUEST:

Carvykti will not be renewed for additional requests as this is a single dose therapy.

Title: Carvykti (ciltacabtagene autoleucl)	Division: Medical Management Department: Utilization Management
Approval Date: 1/31/2023	LOB: Medicaid, SNP, HARP, CHP, QHP, EP, Gold, Goldcare
Effective Date: 1/31/2023	Policy Number: UM-MP346
Review Date: 6/16/2026	Cross Reference Number:
Retired Date:	Page 4 of 11

Renewal Duration of Approval: *Not Applicable*

5. LIMITATIONS/ EXCLUSIONS:

- Carvykti is considered to be experimental and investigational if prescribed for indications other than for the treatment of multiple myeloma that is refractory or in relapse.
- Repeat infusions of Carvykti are considered to be experimental and investigational because there have been no established studies to demonstrate effectiveness.
- Carvykti is only available at [Qualified Treatment Centers](#).

6. APPLICABLE PROCEDURE CODES:

CPT	Description
Q2056	Ciltacabtagene autoleucl, up to 100 million autologous b-cell maturation antigen (bcma) directed car-positive t cells, including leukapheresis and dose preparation procedures, per therapeutic dose

7. APPLICABLE DIAGNOSIS CODES:

CODE	Description
C90.00	Multiple myeloma not having achieved remission
C90.02	Multiple myeloma in relapse

8. REFERENCES:

1. Carvykti (ciltacabtagene autoleucl) [prescribing information]. Horsham, PA: Janssen Biotech, Inc; April 2024.
2. Janssen Research & Development, LLC. A Phase 1b-2, Open-Label Study of JNJ-68284528, A Chimeric Antigen Receptor T-Cell (CAR-T) Therapy Directed Against BCMA in Subjects With Relapsed or Refractory Multiple Myeloma. [clinicaltrials.gov..
https://clinicaltrials.gov/ct2/show/NCT03548207](https://clinicaltrials.gov/ct2/show/NCT03548207)
3. Multiple Myeloma. National Comprehensive Cancer Network Clinical Guidelines. Januar 2025. Available at: <https://www.nccn.org/guidelines/guidelines-detail?category=1&id=1445>
4. Carvykti Certified Treatment Centers. Available at: <https://www.carvykthcp.com/treatment-centers/>
5. Centers for Medicare and Medicaid Services. National Coverage Determination (NCD) for Chimeric Antigen Receptor (CAR)T-cell Therapy (110.24). Original effective date 8/7/2019. Implementation date 2/16/2021.

Title: Carvykti (ciltacabtagene autoleucel)	Division: Medical Management Department: Utilization Management
Approval Date: 1/31/2023	LOB: Medicaid, SNP, HARP, CHP, QHP, EP, Gold, Goldcare
Effective Date: 1/31/2023	Policy Number: UM-MP346
Review Date: 6/16/2026	Cross Reference Number:
Retired Date:	Page 5 of 11

6. A Study of JNJ-68284528, a Chimeric Antigen Receptor T Cell (CAR-T) Therapy Directed Against B-cell Maturation Antigen (BCMA) in Participants With Multiple Myeloma (CARTITUDE-2). ClinicalTrials.gov ID NCT04133636. Available at: <https://clinicaltrials.gov/study/NCT04133636>
7. A Study Comparing JNJ-68284528, a CAR-T Therapy Directed Against B-cell Maturation Antigen (BCMA), Versus Pomalidomide, Bortezomib and Dexamethasone (PVd) or Daratumumab, Pomalidomide and Dexamethasone (DPd) in Participants With Relapsed and Lenalidomide-Refractory Multiple Myeloma (CARTITUDE-4). ClinicalTrials.gov ID NCT04181827. Available at: <https://clinicaltrials.gov/study/NCT04181827>

Title: Carvykti (ciltacabtagene autoleucel)	Division: Medical Management Department: Utilization Management
Approval Date: 1/31/2023	LOB: Medicaid, SNP, HARP, CHP, QHP, EP, Gold, Goldcare
Effective Date: 1/31/2023	Policy Number: UM-MP346
Review Date: 6/16/2026	Cross Reference Number:
Retired Date:	Page 6 of 11

9. APPENDICES

Appendix A: CRS Grading and Management Guidance

CRS Grade	Tocilizumab	Corticosteroids**
Grade 1 Temperature 38 degrees C or higher*	If onset less than 72 hours after infusion, consider tocilizumab 8 mg/kg IV over 1 hour (not to exceed 800 mg).	--
Grade 2 Symptoms require and respond to moderate intervention. Temperature 38 degrees C* with: Hypotension not requiring vasopressors, and/or, Hypoxia requiring oxygen via canula (low-flow nasal cannula is 6 L/min or lower; high-flow nasal cannula is greater than 6 L/min) or blow-by, or, Grade 2 organ toxicity	Administer tocilizumab 8 mg/kg IV over 1 hour (not to exceed 800 mg). Repeat tocilizumab every 8 hours as needed if not responsive to intravenous fluids or increasing supplemental oxygen. Limit to a maximum of 3 doses in a 24-hour period; maximum total of 4 doses.	Consider dexamethasone 10 mg IV every 12-24 hours.
	If no improvement within 24 hours or rapid progression, repeat tocilizumab and escalate dose and frequency of dexamethasone (20 mg IV every 6 to 12 hours). If no improvement within 24 hours or continued rapid progression, switch to methylprednisolone 2 mg/kg IV every 12 hours. After 2 doses of tocilizumab, consider alternative anti-cytokine agents. Monoclonal antibodies targeting cytokines may be considered depending on the institution practice for unresponsive CRS. Do not exceed 3 doses of tocilizumab in 24 hours, or 4 doses in total.	

Title: Carvykti (ciltacabtagene autoleucel)	Division: Medical Management Department: Utilization Management
Approval Date: 1/31/2023	LOB: Medicaid, SNP, HARP, CHP, QHP, EP, Gold, Goldcare
Effective Date: 1/31/2023	Policy Number: UM-MP346
Review Date: 6/16/2026	Cross Reference Number:
Retired Date:	Page 7 of 11

Grade 3 Symptoms require and respond to aggressive intervention. Temperature 38 degrees C or higher* with: Hypotension requiring 1 vasopressor with or without vasopressin, and/or, Hypoxia requiring oxygen via high-flow nasal canula (low-flow nasal cannula is 6 L/min or lower; high-flow nasal cannula is greater than 6 L/min), facemask, non-rebreather mask, or Venturi mask, or, Grade 3 organ toxicity or Grade 4 transaminitis.	Administer tocilizumab 8 mg/kg IV over 1 hour (not to exceed 800 mg). Repeat tocilizumab every 8 hours as needed if not responsive to intravenous fluids or increasing supplemental oxygen. Limit to a maximum of 3 doses in a 24-hour period; maximum total of 4 doses.	Administer dexamethasone 10 mg IV every 12 hours
	If no improvement within 24 hours or rapid progression, repeat tocilizumab and escalate dose and frequency of dexamethasone (20 mg IV every 6 to 12 hours). If no improvement within 24 hours or continued rapid progression, switch to methylprednisolone 2 mg/kg IV every 12 hours. After 2 doses of tocilizumab, consider alternative anti-cytokine agents. Monoclonal antibodies targeting cytokines may be considered depending on the institution practice for unresponsive CRS. Do not exceed 3 doses of tocilizumab in 24 hours, or 4 doses in total.	
Grade 4 Life-threatening symptoms. Requirements for ventilator support, continuous veno-venous hemodialysis (CVVHD). Temperature 38 degrees C or higher* with: Hypotension requiring	Administer tocilizumab 8 mg/kg IV over 1 hour (not to exceed 800 mg). Repeat tocilizumab every 8 hours as needed if not responsive to intravenous fluids or increasing supplemental oxygen. Limit to a maximum of 3 doses in a 24-hour period; maximum total of 4 doses.	Administer dexamethasone 20 mg IV every 6 hours
	After 2 doses of tocilizumab, consider alternative anti-cytokine agents. Monoclonal antibodies targeting cytokines may be considered depending on the institution practice for	

Title: Carvykti (ciltacabtagene autoleucel)	Division: Medical Management Department: Utilization Management
Approval Date: 1/31/2023	LOB: Medicaid, SNP, HARP, CHP, QHP, EP, Gold, Goldcare
Effective Date: 1/31/2023	Policy Number: UM-MP346
Review Date: 6/16/2026	Cross Reference Number:
Retired Date:	Page 8 of 11

multiple vasopressors (excluding vasopressin), and/or, Hypoxia requiring positive pressure (eg, CPAP, BiPAP, intubation, and mechanical ventilation), or, Grade 4 organ toxicity (excluding transaminitis).	unresponsive CRS. Do not exceed 3 doses of tocilizumab in 24 hours, or 4 doses in total. If no improvement within 24 hours, consider methylprednisolone (1-2 g IV, repeat every 24 hours if needed; taper as clinically indicated) or other immunosuppressants (e.g., other anti-T cell therapies).
*Attributed to CRS. Fever may not always be present concurrently with hypotension or hypoxia, as it may be masked by interventions such as antipyretics or anti-cytokine therapy (eg, tocilizumab or steroids). Absence of fever does not impact CRS management decision. In this case, CRS management is driven by hypotension and/or hypoxia and by the more severe symptom not attributable to any other cause. **Continue corticosteroids use until the event is Grade 1 or less; taper steroids if total corticosteroid exposure is greater than 3 days.	

Appendix B: Neurologic Toxicity Grading and Management Guidance

ICANS GRADE [^]	Corticosteroids and Antiseizure Medications
Grade 1 Immune Effector Cell-Associated Encephalopathy (ICE) score 7 to 9*, or Depressed level of consciousness: awakens spontaneously	Consider dexamethasone 10 mg IV or equivalent every 12 to 24 hours for 2 to 3 days Start non-sedating, antiseizure medicines (e.g., levetiracetam) for seizure prophylaxis.
Grade 2 ICE score 3 to 6*, or Depressed level of consciousness: awakens to voice	Administer dexamethasone 10 mg IV or equivalent every 12 hours for 2 to 3 days, or longer for persistent symptoms. Consider steroid taper if total corticosteroid exposure is greater than 3 days. If no improvement after 24 hours or worsening of neurologic toxicity, increase the

Title: Carvykti (ciltacabtagene autoleucel)	Division: Medical Management Department: Utilization Management
Approval Date: 1/31/2023	LOB: Medicaid, SNP, HARP, CHP, QHP, EP, Gold, Goldcare
Effective Date: 1/31/2023	Policy Number: UM-MP346
Review Date: 6/16/2026	Cross Reference Number:
Retired Date:	Page 9 of 11

	dose and/or frequency of dexamethasone up to a MAX of 20 mg IV every 6 hours. Consider nonsedating, anti-seizure medicines (eg, levetiracetam) for seizure prophylaxis.
Grade 3 ICE score 0 to 2* (If ICE score is 0, but the patient is arousable (eg, awake with global aphasia) and able to perform assessment), or Depressed level of consciousness: awakens only to tactile stimulus, or Seizures, either: any clinical seizure, focal or generalized, that resolves rapidly, or non-convulsive seizures on EEG that resolve with intervention, or Raised intracranial pressure (ICP): focal/local edema on neuroimaging (intracranial hemorrhage with or without associated edema is not considered a neurotoxicity feature and is excluded from ICANS Grading)	Administer dexamethasone 10 to 20 mg IV or equivalent every 6 hours. If no improvement after 24 hours or worsening of neurologic toxicity, escalate dexamethasone or equivalent dose to at least 20 mg IV every 6 hours. Or escalate to high-dose methylPREDNISolone (1 to 2 g/day, repeat every 24 hours if needed; taper as clinically indicated). Consider nonsedating, anti-seizure medicines (eg, levetiracetam) for seizure prophylaxis. If cerebral edema is suspected, consider hyperventilation and hyperosmolar therapy. Give high-dose methylPREDNISolone (1 to 2 g, repeat every 24 hours if needed; taper as clinically indicated).
Grade 4 ICE score-0* (Patient is unarousable and unable to perform ICE assessment) or Depressed level of consciousness either: patient is unarousable or requires vigorous or repetitive tactile stimuli to arouse, or stupor or coma, or Seizures, either: life-threatening prolonged seizure (longer than 5 minutes), or	Administer dexamethasone 20 mg IV or equivalent every 6 hours. If no improvement after 24 hours or worsening of neurologic toxicity, escalate to high-dose methylPREDNISolone (1 to 2 g/day, repeated every 24 hours if needed; taper as clinically indicated). Consider nonsedating, anti-seizure medicines (eg, levetiracetam) for seizure prophylaxis.

Title: Carvykti (ciltacabtagene autoleucel)	Division: Medical Management Department: Utilization Management
Approval Date: 1/31/2023	LOB: Medicaid, SNP, HARP, CHP, QHP, EP, Gold, Goldcare
Effective Date: 1/31/2023	Policy Number: UM-MP346
Review Date: 6/16/2026	Cross Reference Number:
Retired Date:	Page 10 of 11

repetitive clinical or electrical seizures without return to baseline in between or motor findings**: deep focal motor weakness such as hemiparesis or paraparesis, or Raised intracranial pressure (ICP)/cerebral edema, with signs/symptoms such as: diffuse cerebral edema on neuroimaging, or decerebrate or decorticate posturing, or cranial nerve VI palsy, or papilledema, or Cushing' triad	If raised ICP/cerebral edema is suspected, consider hyperventilation and hyperosmolar therapy. Give high-dose methylPREDNISolone (1 to 2 g/day, repeat every 24 hours if needed; taper as clinically indicated), and consider neurology and/or neurosurgery consultation.
^ICANS Grade and management is determined by the most severe event (ICE score, level of consciousness, seizure, motor findings, raised ICP/cerebral edema), not attributable to any other cause. *If patient is arousable and able to perform Immune Effector Cell-Associated Encephalopathy (ICE) Assessment, assess: Orientation (oriented to year, month, city, hospital = 4 points); Naming (name 3 objects, [eg, point to clock, pen, button = 3 points]); Following Commands (eg, "show me 2 fingers" or "close your eyes and stick out your tongue" = 1 point); Writing (ability to write a standard sentence = 1 point); and Attention (count backwards from 100 by ten = 1 point). If patient is unarousable and unable to perform ICE Assessment (Grade 4 ICANS) = 0 points. **Tremors and myoclonus associated with immune effector cell therapies may be graded according to NCI CTCAE v5.0, but they do not influence ICANS Grading	

REVISION LOG:

REVISIONS	DATE
Creation date	1/2023
Effective	1/31/2023
Annual review	1/22/2024
Update LOBs to remove Medicare and Ultracare	8/12/2024
Annual Review	1/28/2024
Annual Review	1/28/2025
Annual Review	3/17/2026
Update	6/16/2026



Policy and Procedure

Title: Carvykti (ciltacabtagene autoleucel)	Division: Medical Management Department: Utilization Management
Approval Date: 1/31/2023	LOB: Medicaid, SNP, HARP, CHP, QHP, EP, Gold, Goldcare
Effective Date: 1/31/2023	Policy Number: UM-MP346
Review Date: 6/16/2026	Cross Reference Number:
Retired Date:	Page 11 of 11

Approved:

Sanjiv Shah
MD

Digitally signed by Sanjiv
Shah MD
Date: 2026.06.22
18:53:59 -04'00'

Sanjiv Shah, MD
Chief Medical Officer

Medical Guideline Disclaimer:

Property of Metro Plus Health Plan. All rights reserved. The treating physician or primary care provider must submit MetroPlus Health Plan clinical evidence that the patient meets the criteria for the treatment or surgical procedure. Without this documentation and information, Metroplus Health Plan will not be able to properly review the request for prior authorization. The clinical review criteria expressed in this policy reflects how MetroPlus Health Plan determines whether certain services or supplies are medically necessary. MetroPlus Health Plan established the clinical review criteria based upon a review of currently available clinical information(including clinical outcome studies in the peer-reviewed published medical literature, regulatory status of the technology, evidence-based guidelines of public health and health research agencies, evidence-based guidelines and positions of leading national health professional organizations, views of physicians practicing in relevant clinical areas, and other relevant factors). MetroPlus Health Plan expressly reserves the right to revise these conclusions as clinical information changes, and welcomes further relevant information. Each benefit program defines which services are covered. The conclusion that a particular service or supply is medically necessary does not constitute a representation or warranty that this service or supply is covered and/or paid for by MetroPlus Health Plan, as some programs exclude coverage for services or supplies that MetroPlus Health Plan considers medically necessary. If there is a discrepancy between this guidelines and a member's benefits program, the benefits program will govern. In addition, coverage may be mandated by applicable legal requirements of a state, the Federal Government or the Centers for Medicare & Medicaid Services (CMS) for Medicare and Medicaid members.

All coding and website links are accurate at time of publication.

MetroPlus Health Plan has adopted the herein policy in providing management, administrative and other services to our members, related to health benefit plans offered by our organization.