

TO: MetroPlusHealth Providers

RE: New York State Medicaid Perinatal Care Standards 2026 Update

IMPACTED LOBS: Medicaid, HARP, HIV-SNP

Effective as of February 1st, 2026

Dear MetroPlusHealth Provider,

New York State Medicaid has recently updated **Perinatal Care Standards** to establish comprehensive, statewide requirements for the delivery of care to pregnant and postpartum individuals, replacing prior 2022 standards and applying to all Medicaid providers and managed care plans involved in **prenatal, labor/delivery, and postpartum services**. These standards emphasize that care must be **high-quality, person-centered, and evidence-based**, aligning with national clinical guidelines (such as American College of Obstetricians and Gynecologists (**ACOG**) and American Academy of Pediatrics (**AAP**)) and promoting a cohesive, coordinated care experience across all provider types.

Medicaid Perinatal Care Standards

- ✓ Provider Practice Guiding Principles
- ✓ Principal Maternal Care Provider
- ✓ Access to Care
- ✓ Presumptive Eligibility / Medicaid Coverage
- ✓ Comprehensive Prenatal Care Risk Assessment and Approach
- ✓ Care Plan
- ✓ Coordination of Care
- ✓ Home Visits
- ✓ Initial and Comprehensive Postpartum Visits Provided by the Principal Maternal Care Provider
- ✓ Breastfeeding/Chestfeeding

The updated standards create a goal of delivering equitable, comprehensive, and coordinated perinatal care that improves maternal and infant health outcomes. Please visit the website for [Medicaid Perinatal Care Standards](#) for further guidance.

We appreciate your continued cooperation and commitment to our members. If you have any questions regarding this notice, please contact MetroPlusHealth at: 800.303.9626 or ProviderRelationsOps@metroplus.org.

Thank You,

MetroPlusHealth