

Expressable

Expert speech therapy for kids—from the comfort of home

May is National Speech-Language-Hearing Month, a time to focus on the importance of communication. Every year, more than 6 million children in the U.S. need speech therapy. Yet half of them are left untreated, even though the ability to express yourself and understand others is so important. Communication skills support a child's development, emotional health, school success, and social relationships.

Common signs that speech therapy may be needed:

- Speech delay**
Child isn't using words by 15 months or combining words by age 2
- Speech sound concerns**
Child is difficult to understand compared to their peers
- Trouble understanding**
Has a hard time following directions or answering basic questions
- Social communication issues**
Has difficulty with conversations or social cues
- Stuttering concerns**
Repeats sounds/words or gets stuck on words
- Feeding concerns**
Very picky eating or has trouble chewing or swallowing

Expressable is a national online speech therapy practice that's in network with your health plan. Expressable has helped thousands of toddlers, children, and teens, combining 1-on-1 virtual speech therapy with at-home practice and support for faster progress. Most patients pay \$0-\$20 per session.

96% of patients make measurable progress within only 5 sessions

How does Expressable speech therapy work?

- STEP 1 Get matched**
with the right speech therapist for your needs and schedule—without a waitlist!
- STEP 2 Begin treatment**
with a custom care plan. Meet with your speech therapist for one-on-one sessions.
- STEP 3 Practice throughout the week**
with home exercises and videos. Text your therapist with questions.
- STEP 4 Track your child's progress**
in the Expressable portal as they get closer to meeting their goals.

★★★★★ **4.83** / 5 avg. patient review

Learn more and schedule an evaluation at expressable.com



Expressable has earned The Joint Commission's Gold Seal of Approval