

GINA Summary Guide

What is it?

The Global Initiative for Asthma (GINA), is a group launched in 1993 that partners with health care professionals, patient representatives, and public health officials around the world to reduce asthma prevalence, morbidity, and mortality. Each year they release a summary guide which, when used in conjunction with the full GINA annual report, can assist providers in diagnosing, assessing, and managing asthma (including exacerbations). It offers information on asthma treatment and management for adults and adolescents (including children older than 5 years), advice on asthma management and a glossary of asthma medication classes.

Why is it important for New York City?

According to GINA, asthma affects an estimated 300 million worldwide and is a serious global health problem for all age groups. New York City alone has one of the country's highest rates of hospitalizations and deaths due to asthma among children and young adults, with African American and Latino patients accounting for more than 80% of the cases.¹ Consistent monitoring, evaluation and control of patients' symptoms can prevent morbidity and increase their quality of life.

How do I use it?

Providers should use this guide along with the full report that is available annually as a resource to stay-up-to date with the latest information, research, treatment modalities and management strategies, particularly the use of long-acting controller medications, for patients with asthma.

For access to the **2024 GINA Summary Guide**, please click here: [GINA Summary Guide 2024 \(ginasthma.org\)](https://ginasthma.org)

¹Columbia Center for Children's Environmental Health, *Asthma*, <https://www.publichealth.columbia.edu/research/columbia-center-childrens-environmental-health/asthma>