MetroPlusHealth

DATE: 11.09.2023

TO: CFTSS PROVIDERS

RE: ENHANCED RATES FOR EVIDENCE BASED PRACTICES (EBPS) WITHIN CHILDREN AND FAMILY TREATMENT AND SUPPORT SERVICES (CFTSS) **IMPACTS** AUTHORIZED CHILDREN AND FAMILY TREATMENT SUPPORT SERVICE PROVIDERS

Effective November 1, 2023, New York State will implement Evidence Based Practice (EBP)+. A certain number of Providers will be selected by the State to receive EBP training and bill for new EBP rates. Designated Children and Family Treatment Support Services (CFTSS) agencies that provide Other Licensed Practitioner (OLP), and Community Psychiatric Supports and Treatment (CPST) will be able to offer EBPs through an authorization process. The authorization process is as follows:

- Agencies must apply and receive authorization from the NYS EBP Review Team.
- NYS will only issue authorization to agencies with OLP and CPST designation.
- Authorization will not be granted to individuals or groups.
- The EBP authorized agency is responsible to maintain fidelity to the EBP model.
- After providers receive EBP authorization from the State and begin the required training, they will be allowed to bill the new EBP service rate codes.

EBP Service New Rate Codes supplant existing rate codes for CPST and OLP when EBP services are summarized in the table below. Providers will submit the same type of rate code claim for individual sessions and family sessions. The rate and procedure codes numbers apply to both OLP family and individual sessions.

To receive the EBP rates for OLP and CFTSS services, providers will need to submit a copy of the State Authorization Letter to MetroPlus via email to: credentialing@metroplus.org. When submitting the State Authorization Letter please have the e-mail subject line read: "CFTSS - SPA EBP Notification".

Please anticipate a 30-Day lead time from submission of authorization letter to the ability to submit EBP claims.

MetroPlusHealth is working to implement the new rate codes and prepare to accept claims by January 24, 2024, for all providers who have submitted State Authorization letters by December 23, 2023. As noted above, dates of service can be retroactive to November 1, 2023.

Medicaid Manage Care Plans (MMCPs) will be provided a list of authorized agencies for EBP to support MMCPs' system configuration.

Please refer to the CFTSS provider guidance for the EBPs for additional guidance: <u>https://omh.ny.gov/omhweb/bho/cftss-evidenced-based-practice-guidance.pdf</u>

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Service Description	Rate Code	Procedure Code	Modifier	Billing Unit Measure	Unit Limit	Pending Approval* Rates Upstate	Pending Approval* Rates Downstate
Other Licensed Practitioner (OLP) Counseling Individual , EPB, FFT OTH LIC PRACT CNSL INDIVL: EBP, FFT Other Licensed Practitioner (OLP) Counseling Family , EPB, FFT OTH LIC PRACT CNSL INDIVL: EBP, F F T	7981	H0004	U1, UA	15 minutes	N/A	77.02	86.37
Other Licensed Practitioner (OLP) Counseling Individual , EBP, PCIT OTH LIC PRACT CNSL INDIVL: EBP, PCIT Other Licensed Practitioner (OLP) Counseling Family , EBP, PCIT OTH LIC PRACT CNSL INDIVL: EBP, P C I T	7982	H0004	U1, UB	15 minutes	N/A	81.86	91.80
Community Psychiatric Supports and Treatment (CPST) Service Professional, Individual and/or Family, EBP, FFT COMM PSYCH SUPP TRTMNT SRVC PROF: EBP, FFT	7983	H0036	U1, UA	15 minutes	N/A	49.48	55.51

PRV 23.095

⁺Pending State Plan Amendment (SPA) approval from Centers of Medicare and Medicaid Services (CMS).

^{*} Rates are draft pending approval of the State Plan Amendment by the Centers for Medicare and Medicaid Services (CMS). The State anticipates receiving CMS approval in early 2024 for the State Plan Amendment, which has a targeted effective date of November 1, 2023. MMCPs are expected to have their systems configured 90 days from the date of this notice.

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