GOLDCARE PLAN SUMMARY OF BENEFITS 2023-2024



LOW MONTHLY PREMIUMS WITH THE OPTION OF NO MONTHLY COST TO YOU!

✓ MetroPlusHealth

OFFERED THROUGH THE DAY CARE COUNCIL OF NY LOCAL 205, DC 37 WELFARE FUND

2023-2024 HEALTH PLAN FOR DAY CARE WORKERS

MONTHLY RATES

Employee	Employee & Child(ren)	Employee & Spouse	Family
Employee only	Employee and his/her child(ren)	Employee and his/her legal spouse	Employee, his/her legal spouse and their child(ren)
\$0.00	\$45.00	\$67.50	\$90.00

2023-2024 SUMMARY OF BENEFITS

MAJOR CO-PAYMENT	GOLDCARE PLAN	
Deductible	\$0	
Out of Pocket Maximum	\$6,850 single / \$13,700 family	
PCP office visits	\$10 copay per visit	
Specialist office visits	\$20 copay per visit	
Hospital admission	\$150 copay per hospital admission	
Emergency room copay \$100 copay per visit (not charged if hosp		
Prescription drugs	\$5 Generic / \$20 Brand / \$50 Non-Formulary / Mail Order – Discounted	

OUTPATIENT MEDICAL CARE	GOLDCARE PLAN	
PCP office visits	\$10 copay per visit	
Specialist office visits	\$20 copay per visit	
Preventive care (physical exams, health education and counseling, pap smear, mammography and immunizations)	\$0 copay	
Well-child care (physical exams, immunizations)	\$0 copay	
Diagnostic services including X-rays, lab tests and EKGs	\$20 in OP Facility, \$100 in hospital	

MAJOR CO-PAYMENT	GOLDCARE PLAN	
Prenatal and postnatal care in physician's office	\$0 copay	
Ambulatory surgery	\$100 copay (same in OP facility or physician office)	
Second medical and surgical opinion	\$0 copay	
Routine foot care	Not covered	
Chiropractic services	\$20 copay per visit	

MENTAL HEALTH AND SUBSTANCE USE DISORDER	GOLDCARE PLAN	
Mental health care: inpatient		
Treatment of mental illness	\$150 copay per hospital admission; unlimited days per calendar year	
Mental health care: outpatient		
Treatment of mental illness	\$10 copay; unlimited visits per calendar year	
Substance use disorder		
Inpatient detoxification		
Inpatient rehabilitation treatment	\$150 copay per hospital admission; unlimited days per calendar year	
Outpatient rehabilitation treatment		

SPECIAL KINDS OF CARE	GOLDCARE PLAN	
Emergency and urgent care		
In hospital emergency room	\$100 copay (not charged if hospitalized)	
In urgent care facility	\$25 copay	
In physician's office	\$10 copay	
Ambulance service to the hospital	\$0 copay	
Home health care	\$10 copay; 200 visits per calendar year	

MAJOR CO-PAYMENT	GOLDCARE PLAN	
Hospice care	\$0 copay; 210 days	
Skilled nursing facility care	\$150 copay; unlimited days per calendar year	
Dialysis treatment	\$10 copay per visit	
Diabetes equipment, supplies and education	Insulin – \$2 copay / Insulin Pump – \$5 copay All other diabetic supplies and education – \$0 copay	
Outpatient Physical Therapy, Occupational Therapy or Speech Therapy	\$20 copay; 90 visits per calendar year	
Family planning services	Covered	
Durable medical equipment	20% coinsurance	

Unless it is an emergency, you must visit a provider who is in the MetroPlus GoldCare Plan network. If you visit a provider who is not in our network, you will not be covered for those services.

2023-2024 GOLDCARE PLAN PROVIDER NETWORK

Primary, OB/GYN, behavioral health and specialty care at thousands of sites across New York City — and at these great hospitals:

Manhattan: Bellevue Hospital Center Beth Israel Medical, Center Harlem Hospital Center Metropolitan, Hospital Center Mount Sinai Medical Center*, New York Eye and Ear Infirmary* NYU Medical Center, St. Luke's/ Roosevelt Hospital

Queens: Elmhurst Hospital Center Flushing, Hospital Medical Center Jamaica Hospital, Medical Center Mount Sinai Hospital, Queens Hospital Center

Brooklyn: Beth Israel Medical Center – Kings Highway Coney Island Hospital, Kings County Hospital Center NYU Lutheran Medical Center, Maimonides Medical Center, SUNY Downstate Medical Center – University Hospital of Brooklyn*, Woodhull Medical Center Wyckoff Medical Center

The Bronx: Jacobi Medical Center, Lincoln Medical Center, Montefiore Medical Center*, North Central Bronx Hospital, Bronx Lebanon Hospital

Staten Island: Richmond University Medical Center, Staten Island University Hospital

Additional Facilities for Care: NYC Health
+ Hospitals Diagnostic & Treatment
Centers: Cumberland D&TC, East New York
D&TC, Gouverneur Health Morrisania D&TC,
Renaissance Health Care Network Segundo Ruiz
Belvis D&TC

...and at more than 40 Urgent Care Centers

^{*}Only specialty services at these hospitals



As a member of **MetroPlusHealth GoldCare**, you will be getting your prescription medication through CVS Caremark. CVS Caremark includes CVS pharmacies and thousands of other pharmacies throughout New York City. You can find out which medications are covered by your plan by checking our website: metroplus.org. You may obtain your prescription either through a pharmacy store or through mail order.

In order to be covered for your prescription, you must have it filled at a participating pharmacy or mail order pharmacy. You can find a pharmacy close to you by checking your Provider/Pharmacy Directory (available at metroplus.org, or by calling us at 877.475.3795).

Your costs per prescription (up to 30 day supply of medication) at a pharmacy:

	Generic	Brand Name	Non-Formulary
GoldCare Plan	only \$5	only \$20	only \$50

Your costs per prescription (up to 90 day supply of medication) through mail order:

	Generic	Brand Name	Non-Formulary
GoldCare Plan	only \$12.50	only \$50	only \$125

Order forms and more information about our mail order program can be found online at metroplus.org or you can call CVS Caremark at 855.656.0361 to set up mail order prescriptions or if you have any questions regarding your pharmacy coverage.

Upon enrollment, you will receive a Welcome Kit which includes the formulary (lowest cost medications) and mail order form.







JOIN THE PLAN OF CHOICE FOR OVER 700,000 NEW YORKERS!

MetroPlusHealth has a large network of physicians and hospitals for **GoldCare Plan** members:

✓ 28,000 sites

- Dedicated nurse for high risk pregnancy
- ✓ Over 6,000 Primary Care Providers (PCPs)
- Clinicians to assist with complex medical conditions
- 1,000 obstetricians and gynecologists
- Dedicated staff to help with social services

16,000 specialists

- Pharmacists to walk you through your medications
- 4,000 mental health specialists



MetroPlus.org/GoldCare 877.475.3795

OFFERED THROUGH THE DAY CARE COUNCIL OF NY LOCAL 205, DC 37 WELFARE FUND

This brochure provides only a brief summary of the benefits available under The Day Care Council of NY Local 205, DC 37 Welfare Fund. In the event of a discrepancy between this summary and the Plan Document, the Plan Document will prevail. The Day Care Council – Local 205, D.C. 37 Welfare Fund retains the right to modify or eliminate these or any other benefits at any time and for any reason.

MKT 23.071